

# Four types of gender bias affecting women surgeons and their cumulative impact

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## ABSTRACT

Women are under-represented in surgery, especially in leadership and academic roles, and face a gender pay gap. There has been little work on the role of implicit biases in women's under-representation in surgery. Nor has the impact of epistemic injustice, whereby stereotyping influences knowledge or credibility judgements, been explored. This article reports findings of a qualitative in-depth interview study with women surgeons that investigates gender biases in surgery, including subtle types of bias. The study was conducted with 46 women surgeons and trainees of the Royal Australasian College of Surgeons. Maximum variance sampling strategies ensured a comprehensive set of perspectives. Data were analysed using iterative thematic analysis to document and classify forms of gender bias experienced by the participants, including implicit bias and epistemic injustice. It found four types of bias affecting women surgeons: (1) workplace factors such as access to parental leave and role models; (2) epistemic injustices—unfair assessments of women surgeons' credibility by patients and colleagues; (3) stereotyped expectations that they will carry out more of surgery's carework, such as meeting the emotional needs of patients and (4) objectification. Implicit biases arose in each category. Given that many of the biases identified in this study are small, are harmless on their own and are not necessarily under anyone's conscious control, important questions arise regarding how they cause harm and how to address them. I draw on theoretical work on cumulative harm to answer these questions.

## INTRODUCTION

Women are under-represented in surgery.<sup>1,2</sup> The situation is worse in leadership and academic roles.<sup>3,4</sup> Women surgeons also receive less pay on average than their male peers.<sup>5</sup> Research into the causes of women's under-representation and low status have identified a number of macroscopic factors. These include life balancing, workload and parental leave entitlements; the availability of role models and mentors; and the impact of sexual discrimination and harassment.<sup>6–10</sup> However, recent work on the under-representation of women in other fields finds that subtle factors such as implicit bias are also significant.<sup>11–15</sup> Implicit biases are biases that individuals are unaware of, or not consciously able to control.<sup>16</sup> Another form of subtle bias is epistemic injustice. Epistemic injustice occurs when stereotyping unfairly distorts judgements about an individual's expertise.<sup>17,18</sup> Stereotypes can affect credibility, trust and authority, all of which are essential in the relationship between surgeons and their patients and colleagues. No previous research on women's surgical careers has explored the role

of epistemic injustice, and few studies have attended to the impact of implicit bias.<sup>3,19</sup>

This paper reports the findings of a qualitative study designed to identify and characterise surgery-specific forms of gender bias, with a focus on subtle biases such as implicit bias and epistemic injustice. It identifies four broad types of bias that affect women's surgical careers: workplace factors (such as climate and access to leave); epistemic injustices; role stereotypes; and experiences of objectification. Drawing on these findings, I argue that a major contributor to women's under-representation and the gender pay gap in surgery is the systemic interaction and aggregation of many small factors. I argue that existing strategies to improve the climate of surgery for women do not adequately attend to this. Drawing on theoretical resources on the ethics of moral aggregation, I indicate how this insight can inform new strategies.

## METHODS

### Study design and participants

An in-depth, semistructured interview study was conducted with 46 women surgeons who were either fellows of the Royal Australasian College of Surgeons (RACS) (n=38), or current surgical trainees within the Australian and New Zealand training systems overseen by RACS (n=8). Maximum variance sampling strategies were used with an aim of recruiting surgeons from each of the nine recognised surgical specialties in Australia, and at different career stages from trainee to senior consultants, and with different perspectives on the current debate about sexual harassment and bullying in surgery. To achieve these aims, surgeons were recruited through advertisements in the RACS newsletter and social media, forums accessed widely. Advertisements were also circulated in the RACS Trainees Association newsletter, to reach all current trainees, and in the Women in Surgery Section newsletter, to reach those with particular interest in the topic. Direct approach and snowballing techniques were used to complement these approaches and ensure all target groups were represented. Full breakdown of the numbers of participants from each subspecialty and career stage are not provided due to the very small number of women in some specialties and at some career stages in Australia, and risk that these details may therefore be identifying.

### Data collection

Interviews took place between May and October 2017. They were conducted at a time and location convenient to the participant, either in person,



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or over telephone or video link. Participants received information about the study by email ahead of the interview and had an opportunity to discuss the research and ask questions before providing written consent to participate. I conducted all interviews and recorded them using a digital audio recorder. Interviews lasted for an average length of 82 min. The shortest interview was 30 min and the longest was 133 min.

A set of prompts (online supplementary appendix 1) guided the interviews. These explored participants' career motivations as well as any barriers and supports to their surgical careers. The prompt guide facilitated discussion of many aspects of surgical training and careers, without pre-empting the types of experiences participants might discuss. For example, one prompt asked participants about the interpersonal dynamics involved in being a surgeon and encouraged discussion of these in relation to different groups they interacted with (such as patients, nurses and surgical colleagues). Gender bias was not explicitly mentioned in the prompts, to ensure that participants who did not find gender a relevant frame would explain their experiences in the terms that they felt appropriate, and that those who mentioned gender explicitly were doing so based on their experiences rather than in response to leading questions. For similar reasons, the prompt did not include concepts such as implicit bias, microinequity or epistemic injustice, and I did not use these terms unless the participant did.

My academic background is in empirical bioethics and philosophy, and I am experienced in conducting qualitative research with health professionals, including surgeons. Moreover, I have previously undertaken conceptual research on gender bias in women's academic careers. My approach to the interviews aimed to minimise the influence of this theoretical background, by using minimal, open-ended prompts and expressing these in neutral, non-technical language. I also avoided directive behaviour, such as teaching or counselling participants during the interview.<sup>20</sup>

### Data analysis

Transcription and analysis occurred concurrently with data collection to monitor the interview technique; ensure that the findings from early interviews could inform subsequent

interviews; and to identify when saturation of data occurred. A professional service undertook the transcription, and removed identifying information such as names and places from transcripts. I checked that all interviews had been de-identified, and undertook an iterative, thematic analysis of the data.<sup>21</sup> The focus of the analysis was to comprehensively document forms of gender bias experienced by the participants, and organise these into meaningful categories that might inform the development of gender equity strategies. A research assistant provided support during the analysis, entering analysed data into the software used for data management (NVivo V.10).

### Research ethics

The study had ethics approval and was designed and conducted in accordance with Australia's National Statement on Ethical Conduct in Human Research (National Health and Medical Research Council, 2007). The funder (Macquarie University) had no involvement in: the design of the study; collecting, analysing or interpreting the data; writing up the findings or deciding to submit.

### RESULTS

Based on the interviews, gender biases affecting women's surgical training and careers are of four types: biases in workplace conditions; epistemic injustices; role stereotypes and experiences of objectification. Many of the instances of gender bias were subtle. Implicit gender biases occurred across all four categories.

#### Workplace conditions

Many participants described the impact on their careers of lack of job flexibility, long work hours and the requirement that trainees move hospital (and sometimes city) on a 6 monthly basis to complete rotations during the training (table 1). Some participants felt that these surgical work conditions disproportionately affected women due to their typically higher domestic workload and limited window for childbearing.

Opportunities and supports for career progression were another challenge identified by participants. Many emphasised the importance of role models, mentors and networks, especially

**Table 1** Workplace factors affecting women surgeons.

Description	Representative quotes
<b>Work conditions</b>	
work-life balance	'I think you use up your twenties, basically exhausted, working to the exclusion of all other things. At least, that was my experience. I didn't have time with my family. I didn't have time with my friends, I didn't have time for relationships, I didn't have time for extra study.' (P8)
Lack of flexibility	'Certainly one of the bosses I worked for when I was first back from maternity leave was awfully hard. She didn't support at all my choices in choosing to deliver naturally or breastfeed my children.' (P5)
<b>Career progression</b>	
Access to networks	'There's this club in surgery, and you're either in it, or you're not. You've either got the handshake and you're in the club—and that's usually if your dad was a surgeon or you went to Boys' Grammar or you played rugby' (P40)
Role models	'Females can be the toughest critics of other females, and I think there's multiple reasons for that, but if you look at the small number of older females, they had to fit a male model to survive back in those days' (P3)
<b>Climate</b>	
Explicit sexism	'a female surgeon with children, they were talking about what a crap surgeon she is, and she's off having babies[...]So if you're a female trainee standing there operating while the boss is talking about this, about another female consultant, of course that affects you.' (P15)
Harassment and assault	'I've certainly had some very inappropriate sexual approaches, though. People putting their hands in through my gowns' (P10)
Including low-level harassment	'just sex jokes and things[...]anything that would make you blush when you're a medical school student[...]they try and talk to you and try and get you involved in the joke, and I'd be embarrassed.' (P9)
<b>Work spaces</b>	
Change rooms	'you miss the opportunity in the change rooms[...]you might be in the change rooms for fifteen minutes, and so that's fifteen minutes of time with your peer or supervisor that you don't otherwise get.' (P6)

in successfully applying for surgical training and in establishing a career after the completion of training. All participants spoke positively of the mentors and sponsors who had provided them with advice and support. Despite this, a common theme in the interviews was the scarcity of mentors and role models, particularly women. Participants perceived this as having two causes: the low absolute numbers of women in surgery; and the hardened attitudes displayed by some women who were successful. Some participants also felt excluded from powerful networks that influenced hiring decisions.

Another set of significant workplace factors involved the unfavourable climate of surgery for women. This included experiences of explicit sexism, such as disparagement of women for taking parental leave. In addition, many participants shared experiences of sexual harassment, bullying and even sexual assault from colleagues.

Most of the workplace factors identified were explicit. However, some were more subtle, including access to networks. Spatial arrangements could also have subtle, cumulative impacts on women trainees. For example, a number of women trainees described situations in which they missed out on informal training and networking that occurred in the men's change room before or after an operation.

Even where workplace factors were explicit, the impacts and harms were sometimes subtle. For example, several participants described how hearing negative comments about another female colleague affected their own confidence.

### Challenges to credibility

Establishing oneself as a surgeon, developing a trusting relationship with patients and achieving an appropriate degree of authority with colleagues presented challenges to many participants (table 2). One of the most commonly described experiences was misrecognition by patients, who assumed that the woman was not a surgeon, or that she was junior to a male colleague. These

instances of misrecognition force women surgeons to establish their credibility explicitly, for example, by using Dr rather than Ms as a title ('usually people would become Mister, but I've decided to stay 'Doctor', because I don't want to be Ms or Mrs.' [P9]), and introducing themselves as the consultant surgeon. Some participants emphasised the minor or harmless nature of these mistakes: 'It doesn't worry me. It's just that you have to explain it occasionally. It's public education.' (P37).

Participants described both credibility deficits and positive assumptions from patients and colleagues—expectations that they knew less or more, or that they had poorer or better skills than they in fact had. Commonly reported deficits included expectations that women surgeons would be less knowledgeable or technically less proficient, especially for procedures understood to require strength (eg, joint replacement). Positive assumptions included expectations that women would better understand matters related to female reproduction, and that women's suturing would be neater.

Some of the more nuanced sexist assumptions involved referral patterns by general practitioners (GPs). One surgeon received more varicose veins referrals and less ulcer and aneurysm referrals than her male colleagues did, despite subspecialising in aneurysms. Another participant noted that female orthopaedic surgeons are referred fewer large joint replacements such as hips and knees due to a perception that these are too physically demanding.

For participants working in private practice, the relationship between fees and credibility was a common theme. Several participants said patients believe surgeons with higher fees are better. They felt they suffer a credibility deficit for charging lower fees than male colleagues, even when their reason for doing so is the patients' financial situation. Others felt that patients expected to pay lower fees to woman surgeons.

Most of the epistemic injustices experienced by the participants involved implicit rather than explicit bias. Stereotyped credibility

**Table 2** Challenges to credibility

Description	Representative quotes
<b>Misrecognition</b>	
Mistaken as not a surgeon	'I'd had a great interaction with the family, and I'd explained what the problem was, and he'd agreed to surgery, and I'd consented him for the history, and as he was leaving, he turned around and said, 'So, I'm just wondering. Who's going to do the surgery?' (P12)
Mistaken as junior	'a lot of patients will look to the more junior registrar, or the more junior house surgeon, who's a tall male, rather than look at you' (P29)
<b>Credibility deficits</b>	
Knowledge questioned	'I am sure there were some where they didn't believe me because I was a woman' (P4)
Non-compliance	'I was telling her something—we'd been telling her every day she had to do something, [then the male consultant] said, "You can't do this!" And she goes, "Oh, OK! Thank you, Doctor.' (P9)
Skill stereotypes	'[the nurses] were waiting for me to have to call the consultant orthopaedic surgeon in because I couldn't reduce a fracture' (P27)
<b>Credibility excesses</b>	
Reproductive health	'the young [pregnant] women with [terminal condition], there probably is a little bit of a bias to wanting a woman to look after them, and as much as I don't have children, so I don't know quite how that works' (P11)
Neat suturing	'I find that patients quite easily fall for that stereotype of beautiful, tiny delicate work' (P5)
Assumptions about subspecialty expertise	'I think there must be some idea out there in the general practice world that ladies don't do orthopaedics, don't do hips and knees. They just do fingers, or something.' (P16)
<b>Pay and credibility</b>	
Quality	'I hate coming back to money, but to me that seems like it's possibly the most objective way of saying how I think the patients see me. Are they willing to pay me?' (P39)
Expecting women to charge lower fees	'I've had a number of patients—I'm not a very expensive surgeon! My secretaries are very angry that I don't charge very much at all! But patients going, 'But I just saw the—she's just a female doctor. Why is that really expensive?' (P13)
Women's reasons for charging lower fees	'they've had three kids who are seeing me simultaneously and I'll charge for the first one and I'll bulk bill for the second two, or someone's got a long term problem or I can see, "Oh, my god, you've got cancer, I'm not going to charge you, you've got cancer." [...] The other day I kept someone waiting more than I like to keep them waiting, so I bulk-billed them.' (P33)

**Table 3** Role factors

Description	Representative quotes
Colleague expectations	
Stereotyped as peacemakers	'if there's an angry patient they'll want the girl to talk to them, and you have to do a lot more kind of—the talky-talky or the touchy-feely kind of stuff.' (P33)
Expected to be friendly	'a male registrar can just walk in and ask for what he wants, and that's fine. A female registrar, if you do that, you'll get nowhere.[...] invest a lot of my time, all the time, when I'm at work, investing in relationships with staff, and making sure I know people's names, and asking them about their families' (P38)
Burden of domestic tasks and paperwork	'They would literally never, ever call the male out of theatre, because obviously he was too important. He was needed! Just literally all of the paperwork dross. Like, if you say you had twenty inpatients and all of them needed some form of paperwork going, you could both be sitting at the desk and they would bring it all to you and not the other person' (P6)
Patient expectations	
Stereotyped as empathetic	'Men who'd come in and they're quite open to cry about the recent loss of their partner, or their dog, or something, how important it is, because they know I'm probably likely to understand—in their mind, as part of the stereotype.' (P2)
Expectations about communication style	'I can't be as offhand as some of my male colleagues and just respond to something in a very male way, because patients are not going to respond to that. Like, some of my patients come and see me because they identify that I'm a female physician and they actually are choosing that' (P44)
Self-expectations	
Team player	'I tell people this now, that an experienced, knowledgeable nurse is really helpful, and if you can get that person to help you at the start ...' (P24)
Patient centred	'I think women bring to surgery a whole different aspect that men never can in the whole communication, empathy—all of those things. And I want to maintain that as much as I possibly can' (P46)
Care opposed to authority	'I think people find it easier to talk to us, and they don't feel intimidated, so the barrier is definitely down from that point of view. But I think feeling authoritative and being able to say things with a position of authority is harder as a female, I'm sure.' (P29)

deficits and excesses were not necessarily within the awareness or control of the patient or colleague, and often there was no negative intent, as when patients compliment neat stitching.

### Role factors

Many of the women surgeons interviewed for the study described expectations that they would take on peacemaking or caring duties when patients were angry, upset or anxious (table 3). In addition, women felt an expectation that they would spend more time with patients and provide better communication. In their interactions with colleagues, too, many women surgeons felt they had to be actively friendly, rather than merely polite. This was especially true of interactions with nursing staff. Participants felt that as women they did more than their share of domestic and clerical aspects of the role, including paperwork and making coffee for meetings. Not all women in the study viewed these roles as burdensome or negative, although some did. Several

reflected on the tension between being caring or approachable, and being able to exercise authority. Others embraced the expectation that women be team players, cultivate friendly (not merely polite) relationships with colleagues, and take a patient-centred approach to consultations.

Like epistemic injustices, many of these role factors involve the implicit acceptance by patient or colleagues of a gendered stereotype, rather than intentional or explicit sexism.

### Objectification

Participants in the study did not explicitly talk about feeling objectified by patients or colleagues. Nevertheless, in the analysis of the data, there was an emerging pattern of surgeons experiencing awareness of their physical appearance due to comments by patients and colleagues (table 4). In some cases, surgeons' strategies for establishing authority and respect involved strategically managing their physical appearance. This most often revolved

**Table 4** Objectification by patients, colleagues, and self.

Sexualisation	
By colleagues	'I've had one [specialty] consultant ask me how many people I've slept with to get on to [my specialty]' (P37)
By patients	'this one man, you know, he had anal pain so I asked to examine him and he said—he started making all these weird jokes, like, 'Oh, you have to buy me dinner first!' You know: 'Give me your phone number.' (P35)
Re-establishing clinical role	'my strategy for dealing with those moments in my career has always been to, I guess, briefly acknowledge those considerations and move on with confidence, and then I let my conduct be the driver of the patient developing respect for me.' (P38)
Appearance	
Influence on surgical colleagues	'I lost a lot of weight at one stage, and I certainly think thinner people get treated better. Thinner, more attractive women certainly get treated better.' (P41)
Being mistaken for another woman	'We were both sort of blonde-ish, thinnish women doing [specialty] and so people just lumped us all in together. Maybe we didn't stand out. Maybe there was just this single persona of blonde-ish, thinnish women who wanted to do [that specialty]!' (P11)
Clothes	
Power dressing for respect	'I found that when I go to work, I wear my heels, I wear a nice dress or a skirt, I put on my make-up, my hair's done well and I look impeccable, and you get more respect.' (P13)
Highlight importance of practical clothes.	'High heel shoes are not comfortable for ridiculously long shifts. So, those stereotypes, like girls take forever to put their make up on and all that sort of stuff, it just doesn't work with the job.' (P42).

around clothing; some participants engaged in deliberate power dressing, selecting expensive suits and high-heeled shoes. Others intentionally eschewed this, selecting clothing and footwear that represented their readiness for the physical demands and potential mess of theatre.

## DISCUSSION

The study provides insights into gender biases in surgery, including subtle and implicit biases. It identifies four types of gender bias that affect women's surgical careers. The first, workplace discrimination, has been previously documented in surgery.<sup>6–10 22 23</sup> Professional bodies are beginning to develop resources and training to improve workplace climate, such as the Operating with Respect campaign.<sup>24</sup> The second type of gender bias identified—the impact of epistemic injustices on women's surgical careers—has not been previously described. It refers to harm done to someone in his or her capacity as a bearer of knowledge. Epistemic injustice may be associated with propositional (theoretical) knowledge,<sup>17</sup> or understood more broadly to include prejudicial assumptions about hands-on knowledge or skill.<sup>25 26</sup> The broader understanding is apt for surgery, given the importance of technical skills. The third and fourth type of gender bias are stereotyped roles and objectification. Rather than focus on each of these four types of bias separately (or their many subinstances) it is important to consider how they interact and the cumulative consequences for women surgeons.

Many of the instances of bias described in the study seem minor, and were not necessarily perceived as harmful by participants ('it doesn't worry me' [P9]). However, they do not occur in isolation, but interact and aggregate, which can be pernicious. Strategies for improving women's representation and status in the profession should recognise the risk of cumulative harm and interaction between different types of bias. A similar finding emerges from recent research into women's reasons for leaving surgical training by Liang *et al*, who discovered that it is usually the combined impact of several factors (eg, unavailability of leave combined with sleep deprivation and bullying) that cause trainees to withdraw from training.<sup>27</sup> Liang *et al* have developed a simple but powerful 'tower of blocks' model for understanding the cumulative nature of trainees' decisions to leave surgery. Their model resonates with theoretical research in ethics on the way small factors can aggregate to form large harms that are more than the sum of their parts.<sup>28 29</sup>

Many of the forms of bias found in this study involve apparently small instances. In some cases, these are implicit. This means that the biased individuals are either unaware of their biases, or are not consciously able to control them.<sup>16</sup> Nevertheless, participants in the study often found the small instances burdensome, as they required management and led to more general changes in work practices. For example, women modified the way they introduced themselves to patients to reduce the likelihood of mistaken identity; they developed strategies for establishing trust with patients; and they arranged appointment schedules to allow additional time for the personal and empathic communication patients would expect of them.

These small burdens can accumulate and/or interact to create harms that are more serious. Consider the cumulative impact of the following: Women surgeons tend to be referred more emotional patients who require the 'talky-talky or the touchy-feely kind of stuff' (P33). They also perceive that patients in general will expect longer consultations with more personal communication and empathy. Many women surgeons have incorporated additional patten into their consultations to correct possible errors on the part

of patients, such as introducing themselves more fully and carefully. They also take pains to build trust and respect with patients, in view of possible objectification or uncertainty patients may feel with a women surgeon. These features of women's clinical practice combine to make their consultations longer. The study findings suggest that women do not receive higher pay for these longer consultations. In fact, participants in the study were more likely to express concern about the capacity of patients to pay, and to offer discounted fees, than to charge more for a long consultation. One participant even described reducing her fees for a patient she had kept waiting, suggesting that in some cases longer consultations might *cost* women surgeons money.

These cumulative harms take on a more troubling note when combined with the gendered patterns of credibility or epistemic injustices. The aspects of surgery in which women experience credibility excesses, and in which they are encouraged to excel by positive reinforcement and higher training load, are materially undervalued. Building a practice around long, affordable consultations and providing patient-centred care is likely to mean accepting a lower income. The other option is to resist these expectations. However, women who work in areas of surgery stereotyped as more masculine encounter other barriers, such as gendered referral patterns from GPs. Moreover, the findings suggest that being (seen to be) caring, empathetic and approachable is in direct tension with being credible and holding authority. One participant articulated this explicitly: 'I think people find it easier to talk to us, and they don't feel intimidated, so the barrier is definitely down from that point of view. But I think feeling authoritative and being able to say things with a position of authority is harder as a female' (P29).

The gender biases revealed by this study thus appear to cause harm at two levels. The individual biased acts can be harmful (as when a women is irritated by having to explain to a patient that she is the surgeon), and multiple instances can give rise to harm of a different type (as when the strategies women develop due to common biases cause longer consultations). Kahn has described these emergent harms as 'essentially aggregative'.<sup>30</sup>

Elsewhere I have identified three features of aggregative harms: their systemic nature, the (relative) invisibility of the forces that give rise to them, and the expedience of practices that support them.<sup>29</sup> All three factors are present in the case of gender biases affecting women surgeons. The instances of subtle gender bias are often invisible to perpetrators, such as patients who do not realise that they have misidentified the senior surgeon in the room. Moreover, the way these biases accumulate and interact is not obvious. Expedience supports at least some of the factors. Biased GP referral patterns are likely to be expedient: in Australia, GPs come to know of local specialist surgeons informally through processes such as advertising, and via their networks from medical school. The lack of information about available specialists encourages reliance on stereotypes. In general, stereotypes support energy saving, and thus expedient, decision making.<sup>31</sup>

Aggregative harms tend to emerge in the context of complex systems, especially informal systems of practice involving many loosely connected individuals and institutions. This is true in the context of women's surgical careers: women surgeons in Australia work in private and/or public hospitals. They are (usually) fellows of RACS, and members of organisations representing their specialty group, such as the Australian Orthopaedic Association. Their training occurs in multiple hospitals. They interact with patients, patient families, nurses and allied health professionals as well as medical and surgical colleagues. The gender biases described in this research emerge within this complex, multidimensional system.

Addressing aggregative harm requires understanding the functioning of the system from which it emerges, making the harms and the way they aggregate visible, and challenging expedient practices that support them.<sup>29</sup> In this case, the process of making visible requires research aimed at identifying small or unexpected sources of bias (like this study, or the study by Liang *et al.*).<sup>27</sup> Understanding the role that expedient processes play in aggregative harm can help support the case for replacing cheap or fast processes with less efficient but fairer ones. For example, justifying the cost of developing and maintaining a platform to help GPs find specialists based on accurate information.

Perhaps most importantly, understanding that aggregative harms emerge from systems can inform interventions that focus on the nature of the system rather than the individuals within it. In particular, identifying influential nodes within the system and targeting interventions at these. In this case, it would be effective to focus on surgical training programmes. Surgical training is often overseen at the national level (this is true in Australia, where it is overseen by RACS). The training programme, thus, influences all new surgeons entering the system in a country, as well as all the surgical supervisors and hospitals involved in the provision of training. The types of bias identified in the results section indicate problem areas that training programmes should address, for example, ensuring fair distribution of emotionally needy patients between male and female trainees.

### Strengths and limitations of the study

A strength of the study is the large number of participants interviewed for a study of this type, and the breadth of career stages and surgical specialty groups represented. This ensures the results offer a wide view of the types of gender bias experienced by women surgeons. It was also clear during the interviews and analysis of the data that the participants held a range of perspectives on the topic of gender bias in surgery, as well as whether too little or too much was already being done to support women surgeons. This study type is not apt for quantitative analysis of the extent and distribution of gender bias across women surgeons due to the recruitment strategy. Maximum variance sampling typically over-represents members of some groups and under-represents others in order to take account of the widest possible range of experiences. Follow-on research is needed to explore the extent and distribution of these biases. Moreover, the study does not provide information about how the experiences of women surgeons differ from those of men, given that men were not interviewed. Follow-on research with both genders is needed to provide this comparative perspective.

I have offered only a general indication of the types of intervention that can disrupt processes of cumulative harms, and a few examples based on the study findings. Due to limited space I do not offer a comprehensive set of recommendations applying this approach to all findings of the study.

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**Data availability statement** Data are available upon request. However, this availability is conditional on the ability to protect participant identity and adherence to conditions of the research ethics approval.

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